

# RONA Beamsville Bench 5km

## Pledge form for Lean on Me

Please sponsor my run on Aug 14<sup>th</sup>, 2010

And support **Lean on Me** a support group for Families and Friends of those who have experienced a traumatic event in their lives.

Participants full name: \_\_\_\_\_

I am participating in the Beamsville Bench 5km Run. All funds raised will help support the program.

Name of Sponsor	Address	Phone number	Pledge	Paid
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