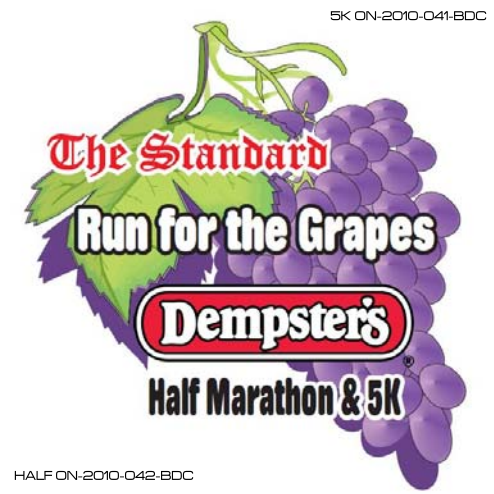




START / FINISH
 HALF MARATHON AND 5K
 (DOWNTOWN ST. CATHARINES)



⊕ AID STATION



St. Catharines

START / FINISH

5K TURN-AROUND AT MCCAY ST

TURN-AROUND FOR HALF MARATHON

