



SUBARU

NIAGARA SUBARU RUNNING SERIES 1999 – 2009

Series Champions

1999 Men – Guy Scholtz Women – Adela Flista
2000 Men – Joseph Maina Women – Terri Mcallister
2001 Men – Julius Gwako Women – Adela Flista
2002 Men – Michael Bown Women – Adela Flista
2003 Men – Joseph Nsenguyimva Women – Adela Flista
2004 Men - Pedrag Mladenovic Women - Adela Flista
2005 Men – Andre Okenge Women - Adela Flista
2006 Men - Henry Githuka Women - Josiane Aboungono
2007 Men - Josephat Ongeru Women - Wendy Gaultieri
2008 Men - Josephat Ongeru Women - Josiane Aboungono
2009 Men - Moses Macharia Women - Josiane Aboungono

R & S Tech Half Marathon Champions

2004 Men – Mike Bown Women – Kate MacNamara
2005 Men – Andre Okenge Women - Adela Flista
2007 Men - Josephat Ongeru Women - Kate MacNamara

R&S Tech Half Marathon Champions

Grimsby Grapes Total
2006 Men-Giitah Macharia 1:08:54 1:07:29 2:16:23
2006 Women-Kate Macnamara 1:21:00 1:18:31 2:39:31

Season Summaries

1999: 3 Races
Peachbud 10k
Men's Winner: Guy Scholtz (30:37)

Women's Winner: Teresa Duck (36:09)
Number of finishers: 582

Benchberry 5k
Men's Winner: Paul Kelly (16:52)
Women's Winner: Paula Desjardin (20:49)
Number of Finishers: 180

Casablanca Classic 5 Mile
Men's Winner: Moses Macharia (23:51)
Women's Winner: Adela Flista (28:37)
Number of Finishers: 311

2000: 5 Races

Jordan 5k
Men's Winner: Paul Mbuga (14:58)
Women's Winner: Miriam Wangari (16:57)
Number of Finishers: 265

Peachbud 10k
Men's Winner: Joseph Maina (29:56)
Women's Winner: Miriam Wangari (36:06)
Number of Finishers: 546

Benchberry 5k
Men's Winner: Shane Lavell (15:41)
Women's Winner: Jackline Tessori (17:07)
Number of Finishers: 225

Run for the Grapes 10 mile
Men's Winner: Thomas Omwenga (47:14)
Women's Winner: Paula Develan (59:10)
Number of Finishers: 256

Run for the Grapes 5k
Men's Winner: Chris McKie (15:57)
Women's Winner: Diane Disher (19:14)
Number of Finishers: 371
Total Finishers: 636

Casablanca Classic
Men's Winner: Joseph Maina (24:31)
Women's Winner: Agnes Ngunjiri (27:29)
Number of Finishers: 363

2001: 5 races

Subaru 5k

Men's Winner: Joseph Nderitu (14:12)

Women's Winner: Edna Kiplagat (16:22)

Number of Finishers: 275

Real Green

Men's Winner: Benson Ogato (24:51)

Women's Winner: Nicola Wilberforce (29:10)

Number of Finishers: 170

Peachbud 10k

Men's Winner: Gilbert Koech (29:43)

Women's Winner: Jackline Tessori (34:40)

Number of Finishers: 511

Peachbud 2 mile

Men's Winner: Matthew Walker (12:00)

Women's Winner: Kelly Goddard (14:00)

Number of Finishers: 53

Benchberry

Men's Winner: Benson Ogato (14:36)

Women's Winner: Kathy Tremblay (18:04)

Number of Finishers: 210

Run for the Grapes 10 mile

Men's Winner: Joseph Nderitu (48:35)

Women's Winner: Lioudmila Kortchaguina (1:01:31)

Number of Finishers: 207

Run for the Grapes 5k

Men's Winner: Stuart Galloway (15:48)

Women's Winner: Stephanie Smith (18:39)

Number of Finishers: 305

Casablanca Classic

Men's Winner: Moses Macharia (23:56)

Women's Winner: Lioudmila Kortchaguina (26:38)

Number of Finishers: 358

2002: 6 races

Subaru 5k

Men's Winner: Joseph Nderitu (14:14)

Women's Winner: Lioudmila Kortchaguina (16:41)
Number of Finishers: 275

Real Green 8k
Men's Winner: Eluid Kerring (24:59)
Women's Winner: Lioudmila Kortchaguina (29:32)
Number of Finishers: 198

Real Green 4k
Men's Winner: Ian Tice (13:43)
Women's Winner: Mandy Vyce (14:31)
Number of Finishers: 53

Real Green 2k
Men's Winner: Scott Hutchinson (7:36)
Women's Winner: Allison Easterbrooke (9:46)
Number of Finishers: 29

Peachbud 10k
Men's Winner: Joseph Kamau (32:49)
Women's Winner: Lioudmila Kortchaguina (36:36)
Number of Finishers: 343

Peachbud 5k
Men's Winner: Greg Hutchinson (16:23)
Women's Winner: Stephanie Smith (19:10)
Number of Finishers: 164

Peachbud 1k
Men's Winner: Scott Hutchinson (03:14)
Women's Winner: Brittany Kadwell (03:41)
Number of Finishers: 97

Benchberry 5k
Men's Winner: Joseph Nsengiyumva (15:04)
Women's Winner: Lauren King (17:54)
Number of Finishers: 241

Benchberry 1k
Men's Winner: Scott Hutchinson (3:23)
Women's Winner: Allison Easterbrooke (4:02)
Number of Finishers: 37

Run for the Grapes ½ Marathon
Men's Winner: Joseph Nderitu (1:07:34)
Women's Winner: Lisa Bentley (1:18:03)

Number of Finishers: 386

Run for the Grapes 5k

Men's Winner: Mark Bayley (15:13)

Women's Winner: Stephanie Smith (18:31)

Number of Finishers: 363

Casablanca Classic 5 mile

Men's Winner: Joseph Nderitu (23:55)

Women's Winner: Lioudmila Kortchaguina (29:04)

Number of Finishers: 310

2003: 7 races

Financial Center ½ Marathon

Men's Winner: Joseph Nsenguyimva (1:10:44)

Women's Winner: Nicole Stevenson (1:17:38)

Number of Finishers: 334

Financial Center 5k

Men's Winner: Predrag Mladenovic (16:45)

Women's Winner: Stephanie Smith (20:19)

Number of Finishers: 126

Subaru 5k

Men's Winner: Henry Githuka (14:35)

Women's Winner: Seanna Robinson (17:50)

Number of Finishers: 281

Real Green 8k

Men's Winner: Henry Githuka (23:50)

Women's Winner: Lioudmila Kortchaguina (27:19)

Number of Finishers: 168

Real Green 4k

Men's Winner: Bruce Raymer (12:09)

Women's Winner: Mandy Vyce (14:30)

Number of Finishers: 109

Yummi Bears 1k

Men's Winner: Niall Paterson (03:55)

Women's Winner: Hillary Beattie (04:22)

Number of Finishers: 49

Peachbud 10k

Men's Winner: Augustus Kavutu (30:16)

Women's Winner: Lioudmila Kortchaguina (37:29)

Number of Finishers: 369

Peachbud 5k

Men's Winner: Greg Hutchinson (16:23)

Women's Winner: Stephanie Smith (19:10)

Number of Finishers: 295

Peachbud 1k

Men's Winner: Cam Giles (03:41)

Women's Winner: Jenna Anderson (03:53)

Number of Finishers: 107

Benchberry 5k

Men's Winner: Giitah Macharia (14:27)

Women's Winner: Lioudmila Kortchaguina (17:19)

Number of Finishers: 253

Benchberry 1k

Men's Winner: Troy Smith (03:59)

Women's Winner: Julia Maher (04:07)

Number of Finishers: 35

Run for the Grapes ½ Marathon

Men's Winner: Joseph Nsenguyimva (1:06:42)

Women's Winner: Seanna Robinson (1:22:05)

Number of Finishers: 456

Run for the Grapes 5k

Men's Winner: Predrag Mladenovic (15:53)

Women's Winner: Stephanie Smith (18:11)

Number of Finishers: 379

Casablanca Classic 5 mile

Men's Winner: Giitah Macharia(23:28)

Women's Winner: Lioudmila Kortchaguina (28:05)

Number of Finishers: 294

2004: 7 Races

The Subaru ½ Marathon

Men's Winner: Joseph Nsenguyimva (1:07:39)

Women's Winner: Kate Macnamara (1:24:05)

Number of Finishers: 468

The Subaru 5k

Men's Winner: Predrag Mladenovic (16:09)

Women's Winner: Megan Brown (19:34)
Number of Finishers: 175

Subaru 5k
Men's Winner: Joseph Nderitu (14:43)
Women's Winner: Lioudmila Kortchaguina (17:18)
292 Finishers

Subaru 1k
Cam Giles (3:37)
Chelsea MacKinnon (3:46)
Finishers 36
Total Finishers- 328

Real Green 8k
Men's Winner: Kennedy Ondimu (25:04)
Women's Winner: Lioudmila Kortchaguina (28:52)
Finishers 154
Real Green 4k
Men's Winner: Predrag Mladenovic (12:19)
Women's Winner: Jamie Lyn Rushbrook (15:56)
Finishers 102

Real Green 1k
Boys Winner: Cam Giles (3:43)
Girl's Winner: Hayley Harding (4:09)
Finishers 33
Total finishers 299

Peach Bud 10K
Men's Winner: Henry Githuka (29:52)
Women's Winner: Josaine Aboungona (37:39)
Finishers 300

Peach Bud 5K
Men's Winner: Anthony Gitau (14:50)
Women's Winner: Stephanie Smith (18:18)
Finishers 306

Peach Bud 1K
Boy's Winner: Cam Giles (3:36)
Women's Winner: Daniella Favero (4:00)

Benchberry 5K
Men's Winner: Henry Githuka (14:36)
Women's Winner: Lioudmila Kortchaguina (17:45)

Finishers 207

Benchberry 1K

Men's Winner: Cam Giles (3:34)

Women's Winner: Michelle Molodynia (3:56)

Run For The Grapes Half Marathon

Men's Winner: Michael Muturi Kibe (1:08:27)

Women's Winner: Jennifer Faraone (1:20:10)

Finishers 388

Run For The Grapes 5K

Men's Winner: Predrag Mladenovic (15:53)

Women's Winner: Stephanie Smith (18:20) Finishers 330

Casablanca Classic 5 Miler

Men's Winner: Joseph Nderitu (24:17)

Women's Winner: Beth Wightman (28:19)

Finishers 366

Casablanca Classic 1 Miler

Men's Winner: Jacob Vogl (6:21)

Women's Winner: Heather Summers (6:20)

Finishers 31

2005: 7 Races

The Subaru 1/2 Marathon

Men's Winner: Matt McInnis (1:09:00)

Women's Winner: Krista Dushene (1:24:05)

The Subaru 5k

Men's Winner: Predrag Mladenovic (15:22)

Women's Winner: Nicole Stevenson (16:30)

Subaru 5k

Men's Winner: Andre Paul Baillargeon-Smith (15:29)

Women's Winner: Stephanie Smith (17:29)

Subaru 1k

Boy's Winner: Cam Giles (3:26)

Girl's Winner: Michelle Molodynia (3:50)

Real Green 5k

Men's Winner: Andre Paul Baillargeon-Smith (15:16)

Women's Winner: Stephanie Smith (17:47)

Real Green 1k
Boys Winner: Troy Smith (3:53)
Girl's Winner: Morgan Ryder (4:04)

Peachbud10k
Giitah Macharia- 30:36
Lioudmila Kortchiguina - 36:14

Peachbud 5K
Andre Paul Bailegeron Smith - 15:30
Stephanie Smith- 17:57

Peachbud 1K
Chelsea MacKinnon - 3:32
Steve Baltjes- 3:38

Benchberry 5k
Abel Ondeyo - 14:52
Michelle Cormier - 18:15

Benchberry 2 x 2.5K Relay
2X 2.5k Relay 17:39 Pierre Laundry - 7:54 Andrew O'roiordian 9:46

Benchberry 1k
Troy smith - 3:27
Chelsea MacKinnon - 3:27
Run For the Grapes 5k
Jeff Scull - 15:14
Shari Boyle- 17:23

Run For the Grapes Half Marathon
Abel Ondeyo - 1:06:53
Lioudmila Kortchiguina- 1:16:45

Casablanca Classic 5 Miler
Men's Winner: Reid Coolsaet - 23:21
Women's Winner: Megan Brown - 26:47

Casablanca Classic 1 Miler
Men's Winner: Connor Watson 5:53
Women's Winner: Olivia Fraser 6:53

2006: 7 Races

Tim Hortons Grimsby Half

Men: Giitah Macharia 1:08:54
Women: Kate MacNamara 1:21:00

Tim Hortons Grimsby 5k
Men: Scott Stevens 15:51
Women: Sheila Reid 18:10

Subaru 5k
Men's Winner: Jeff Scull 15:03
Women's Winner: Josaine Aboungono 17:37

Subaru 1k
Boy's Winner: Brett Tonin 3:47
Girl's Winner: Shannon Halliday 4:04

Confederation Park 5k
Men's Winner: Abel Ondeyo 14:45
Women's Winner: Pauline Githuka 17:37
Confederation Park 1k
Boy's Winner: Joshua Turner 4:01
Girl's Winner: Olivia Fraser 4:14

Peachbud10k
Men's Winner: George Kipketter 29:32
Women's Winner: Pauline Githuka 35:18

Peachbud 5K
Men's Winner: Bernard Onsare 14:47
Women's Winner: Beth Wightman 17:04

Peachbud 1K
Boy's Winner: Connor Watson 3:34
Girls' Winner: Chelsea Mackinnon 3:29

Benchberry 5k
Men's Winner : Henry Githuka 14:17
Women's Winner: Josaine Aboungono 17:36

Benchberry 2 x 2.5K Relay
Men's Relay: Ryan Thomas & Douglas Easterbrook 16:51
Women's Relay: Megan Coles & Leanne Herbert 28:26
Mixed Relay: Megan Stewart & Derek Pamukoff 19:31

Benchberry 1k
Boy's Winner: Lennox Stevenson 3:27
Girls' Winners: Michelle Molodynia 3:28

Run For the Grapes 5k
Boys' Winner - Scott Stevens- 15:57
Girls' Winner - Heather Stuve - 18:38

Run For the Grapes Half Marathon
Mens' Winner - Giitah Macharia - 1:07:29
Womens' Winner - Kate Macnamara - 1:18:31

Casablanca Classic 8K
Men's Winner: Eric Gilles - 23:51
Women's Winners: Josiane Aboungono 29:04

Casablanca Classic 2K
Boys' Winner: Gregory Brown - 7:30
Girls' Winner: Michelle Molodynia 8:36

2007: 7 Races

Tim Hortons Grimsby Half
Men : Josephat Ongeru 1:09:05
Women: Kate MacNamara 1:20:18

Tim Hortons Grimsby 5k
Men: Dave Sharratt 16:09
Women: Calla Churchward 19:16

Tim Hortons Grimsby Half
Men: Giitah Macharia 1:08:54
Women: Kate MacNamara 1:21:00

Tim Hortons Grimsby 5k
Men: Scott Stevens 15:51
Women: Sheila Reid 18:10

Jordan 5k
Men: Brendan Kenny - 15:26
Women: Nicole Stevenson - 17:14

Confederation Park 5k
Men: Giitah Macharia - 14:35
Women: Josiane Aboungono- 17:35

Peachbud10k
Men: Mark Lotam - 30:16
Women: Pauline githuka - 37:02

Peachbud 5K
Men: Benard Onsare- 15:30
Women: Gladys Kahoro - 18:27

Benchberry 5k
Josephat Ongeru 14:41
Tara Quinn Smith 17:22

Run For the Grapes 5k
Daniel Ayotte 15:40
Marcia Baker - 19:02

Run For the Grapes Half Marathon
Josephat Ongeru 1:05:10
Kate MacNamara - 1: 21:23
Casablanca Classic
Tyler Milne - 23:41
Josiane Aboungono 29:42

Course Records

Grimsby Half Marathon
Men: Guy Scholtz 1:05:46 (2000)
Women: Nicole Stevenson 1:17:30 (2003)

Grimsby 5k
Men: Predrag Mladenovic 15:22 (2005)
Women: Nicole Stevenson 16:30 (2005)

Jordan 5k
Men: Joseph Nderitu 14:12 (2001)
Women: Edna Kiplagat 16:22 (2001)

Real Green 4k
Men: Bruce Raymer 12:09 (2003)
Women: Mandy Vice 14:30 (2003)

Real Green 8k
Men: Henry Githuka 23:50 (2003)
Women: Lioudmila Kortchiguina 27:19 (2003)

Confederation Park 5K
Men : Gitah Macharia 14:35 (2007)
Women: Josianne Aboungono 17:35 (2007)

Peachbud 5k

Men's Winner: Bernard Onsare 14:47 (2006)

Women's Winner: Beth Wightman 17:04 (2006)

Peachbud 10k

Men's Winner: George Kipketter 29:32 (2006)

Women: Jackline Torrori 34:40 (2001)

Benchberry 5k

Men: Henry Githuka 14:17 (2006)

Women: Jackline Torrori 17:07 (2001)

Run for the Grapes 5k

Men: Jeff Scull 15:14 (2005)

Women: Shari Boyle 17:23 (2005)

Run for the Grapes Half Marathon

Men: Josephat Ongeru 1:05:10 (2007)

Women: Lioudmila Kortchiguina 1:16:45 (2005)

Casablanca Classic

Men: Reid Coolsaet 23:21 (2005)

Women: Lioudmila Kortchiguina 26:38 (2001)

Russ Burch Memorial Award Winner - The Smith Family